



PITT COUNTY

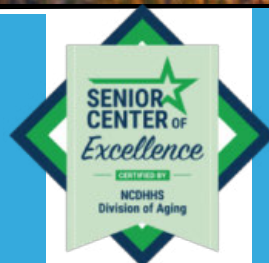
Council on Aging

AUGUST 2025
NEWSLETTER

Hello AUGUST



Rich Zeck—Executive Director
Ray Franks—Chair
Sylvia Wheless—Vice Chair
Bill Newill—Treasurer
Melissa Briley—Secretary



Council on Aging
4551 County Home Road
Greenville, NC 27858
Phone: 252-752-1717
Fax: 252-752-9365
www.pittcoa.com



You Tube



August 2025

Rich Thoughts from the Executive Director

Greetings Family and Friends,



☀️ How is your summer going so far? I hope it's been restful and that you're finding ways to stay cool during these hot days. If you're in need of a fan, please don't hesitate to reach out—we may be able to help determine if you're eligible to receive one.

In the midst of all the world's noise—what's being said, misrepresented, or exaggerated—I want to encourage everyone to stay calm and seek clarity. There are always two sides to every story. The question is: are we willing to listen to the other side?

Here's a small but powerful example. For years, we've heard warnings that "they" are going to cut Social Security benefits. This topic understandably causes deep concern and anxiety for many seniors who rely on those benefits to make ends meet. I've spoken with many who are genuinely worried about how they would survive if those cuts ever came.

But just last week, I received a headline directly from Social Security that read:

"Social Security Applauds Passage of Legislation Providing Historic Tax Relief for Seniors."

The announcement continued:

"The bill ensures that nearly 90% of Social Security beneficiaries will no longer pay federal income taxes on their benefits, providing meaningful and immediate relief to seniors who have spent a lifetime contributing to our nation's economy."

That sounds like a step forward—not a step back.

🦋 Sometimes, ugly cocoons transform into beautiful butterflies. Let's focus on today, and live it fully, because tomorrow is never promised.

Blessings,

Rich

Rich Zeck

Executive Director

HAPPY 90TH BIRTHDAY

JOIN US IN
CELEBRATING
SOCIAL
SECURITY'S 90TH
BIRTHDAY

THURSDAY, AUGUST 14, 2025
2:00-4:00PM
CALL 752-1717, X201 TO REGISTER.



Memory Cafe



6:00-6:30pm



Dinner

6:30-7:30pm



Support Group
w/ Caregiver

6:30-7:30pm



Activities
w/ Loved Ones

Come Join us for a comprehensive approach to caregiving. Bring your loved one with you, we have activities available for them as well.

Every 4th Tuesday from 6:00- 7:30pm

For more details call:

252-414-3230 for Amanda V. Biggs, Project C.A.R.E
Family Consultant





Fall Wreaths with Kim



Monday, August 11

2:00-4:00pm

Cost: \$40

Call 752-1717, x201
to register.

Beginner Genealogy



Mondays, August 4-25

1:30-3:30pm

Cost: \$20

Call 752-1717, x201 to register.

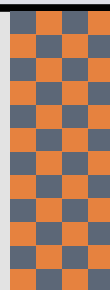


Fall Gardening

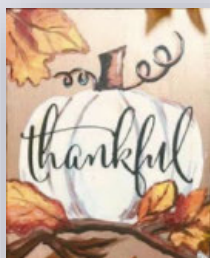
With Master Gardener, Kate Winslow

Wednesday, August 20 | 2:00-3:00pm

Call 752-1717, x201 to register.



Fall Painting With Gilda



Tuesday, August 19

10:00am-12:00pm | Cost: \$35

Call 752-1717, x201 to register.

Heart Healthy Eating

With Sharon Lewis-Hackler, Registered Dietician



Let Sharon teach you how diet and lifestyle changes can empower you to improve your longevity and quality of life! Being healthy doesn't need to be boring!

Tuesday, August 5 | 2:00-3:00pm

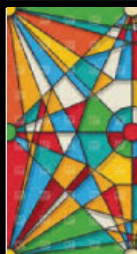
Call 752-1717, x201 to register.

Beginner Stained Glass

Fridays, August 1-29

10:00-11:30am | Cost: \$40

Call 752-1717, x201 to register.





Advance Care Planning

Join us for a FREE Advance Care Planning & Education Clinic to aid you & your family in planning for your future medical care.

The educational presentation will provide information about the advance care planning process and the importance of making your medical choices known. Certified Respecting Choices© facilitators and notaries will be available during the clinic to assist in the preparation of living wills & healthcare power of attorney documents.

Picture identification required to complete documents.

Tuesday, August 12 | 1:00 Education 2:00 Clinic

Call 752-1717, x201 to register.







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tai chi *EASY* *With Jan Kendrick*

A mind-body-spirit form of movement that enhances peace of mind and well being. It includes vitality movements, self massage, Tai Chi moves, and meditation. For beginners and experienced practitioners. Loose clothing & a mat are suggested.

Fridays, 12:00pm-1:00pm

Cost: Donation | Call 752-1717, x201 to register.

Stretch & Balance Class



Increase flexibility and balance through a series of exercises and movements. Must be able to stand for periods of time with no assistance. Exercise mat recommended, but not required.



Mondays | 12:30-1:15pm
Cost \$4/session paid monthly

Chair Fitness Class



Get fit and stay active with fun, chair exercise routines. Improve your strength, flexibility, and endurance while engaging in strength training and cardiovascular activities.

Mondays & Wednesdays
10:00-11:00am
\$5/month, \$2 for drop ins



Cardio Dance!

Wednesdays

11:15am-12:15pm

Move and groove to upbeat tunes during this fun, low-impact aerobic workout. Enjoy energizing full body exercise and movement while improving your endurance and coordination. Expect to sweat while burning calories and having a good time. No dance experience needed. **Cost:\$4**



It's Time To Get Fit!

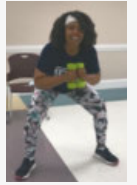


Yoga for Every Body

Yoga for Every Body is a 45 minute class designed to improve balance, strength, and flexibility. Bring a mat, towel, and water, or simply use a chair if you can't reach the floor comfortably.

**Tuesdays & Saturdays
11:30am-12:30pm
Cost: Donation**

Senior Fitness



Join us for a fun, interactive strength training and cardio workout. Move and groove to great music while burning calories and improving your health. So, grab your water bottle and get ready to sweat!

**Every Tuesday & Thursday
1-2pm
\$1/class
(Payable Monthly)**

PILATES
STARTING THURSDAYS
>>> SEPTEMBER 11
2:15-3:15PM
COST: \$4/CLASS



Zumba Gold®

Zumba Gold® is a low impact, high-fun dance workout.

Join us to sweat and jam with Latin rhythms! Go at your pace, build confidence, and see great results in cardio fitness, strength, balance, and agility.

**Tuesdays & Saturdays
10:30-11:30am | Cost: Donation
Thursdays 4:00-5:00pm**

Soul Line Dancing

**Every Monday (Intermediate)
11:15am-12:15pm
Every Tuesday (Beginner)
2:15-3:15pm**

\$4 per class/Paid monthly

Get ready to move and groove to some fun line dances. Dance to soul and R & B music while working up a sweat and burning calories. Learn some of the most popular line dances.



Council on Aging

We need **YOU** to help deliver meals to homebound adults in our community!

Training is

Tuesdays, August 5 & 19

10am

Join our team for 2025!

Call 752-1717 for more information



Caregiver's Coffee

2nd Friday of Each Month

10:00am-11:30am

Resources, Stress-free
environment, Fellowship, and
Refreshments

Call 252-752-1717 Ext. 213 for more details

Does Your Loved One Need Grab Bars?



We can have one of our experts conduct a home safety falls risk assessment. Call the COA for more details. 752-1717, x212

Room Rentals



Birthday Parties,
Family Reunions, Anniversaries,
Baby/Wedding Showers, Meetings

Three room sizes available to
accommodate most groups.

Book Now!

Call 752-1717, x205

Greenville Center Regular Activities

Monday	Tuesday	Wednesday
9:00-9:30am Coffee & Conversation 9:30-10:30am Reflections 11:30am-12:00pm Lunch	9:00-9:30am Coffee & Conversation 10:15-11:15am Fun and Fit 11:30am -12:00pm Lunch	9:00-9:30am Coffee & Conversation 10:30-11:30am Music 11:30am -12:00pm Lunch
Thursday	Friday	Saturday
9:00-9:30am Coffee & Conversation 10:15-11:00am Fun & Fit Exercise 11:30am -12:00pm Lunch	9:00-9:30am Coffee & Conversation 10:00-11:00am Bingo \$1.25 per card 11:30am -12:00pm Lunch	

August Meal Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Cajun Jambalaya w/Rice & Turkey Sausage Peas Peach Oat Crisp 2% Milk
4	5	6	7	8
Chicken Parmesan w/Marinara Macaroni w/Parsley Peas Carrots Roll Yellow Cake 2% Milk	Beef Patty Mashed Potatoes w/ Green Pepper & Onion Gravy Cabbage Bread Cinnamon Applesauce 2% Milk	BBQ Pork Rib Patty Au Gratin Potatoes Peas & Corn Roll Streusel Coffeecake 2% Milk	Stuffed Green Pepper (Beef) Corn Bread Fudge Brownie 2% Milk	Peppered Turkey Breast Bread Dressing w/Gravy Beets Broccoli 100% Apple Juice 2% Milk
11	12	13	14	15
Italian Tomato Sauce w/ Turkey Rotoini Peas Bread 100% Apple Juice 2% Milk	Beef Stew Mashed Potatoes Carrots Bread Glazed Apples 2% Milk	Sweet & Sour Chicken Brown Rice Irish Blend Vegetables Vanilla Pudding 2% Milk	Sloppy Joe w/Ground Turkey Hamburger Bun Baked Potato Wedges Corn Fudge Brownie 2% Milk	Chicken Salad Bread Pasta Salad Applesauce 100% Apple Juice 2% Milk
18	19	20	21	22
Meatballs Brown Rice w/Mushroom Gravy Carrots Corn 2% Milk	Oven Fried Chicken Breast Mashed Potatoes w/ Gravy Grilled Zucchini Squash Bread Yellow Cake 2% Milk	Italian Meat Sauce Macaroni w/Parsley Cauliflower Peas Roll 100% Apple Juice 2% Milk	Creamed Chicken Macaroni w/Parsley Beets Bread Cinnamon Applesauce 2% Milk	Italian Crusted Fish Filet Baked Mac & Cheese Coleslaw Vinaigrette Corn Bread 2% Milk
25	26	27	28	29
Creamed Turkey Mashed Potatoes Greens Cabbage Roll Fudge Brownie 2% Milk	BBQ Pulled Chicken Pinto Beans Broccoli Hamburger Bun 100% Apple Juice 2% Milk	Herbed Pork Chop Mashed Sweet Potatoes w/ Gravy Green Beans w/Onions Corn O'Brien Bread Oatmeal Cookie 2% Milk	French Toast Bake w/Syrup Breakfast Sausage Hash Browns w/Peppers & Onions Warm Glazed Apples 2% Milk	Cajun Jambalaya w/Rice & Turkey Sausage Peas Peach Oat Crisp 2% Milk



GREENVILLE: 1909 E FIRE TOWER RD SUITE F
NEW BERN: 2117 S GLENBURNIE RD. UNIT 6

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TO SCHEDULE AN APPOINTMENT

AUGUST 2025 Community Calendar

Monday	Tuesday	Wednesday
<p><i>Drop in any day for Arts & Crafts, Billiards, Cards, Mahjong, or to use the Media Center.</i> ++Call Amanda Biggs 252.414.3230</p>	<p>COA Open 8:00am-5:00pm M-F Additional hours per class schedule</p> <p>Key: \$ = Fee R = Registration Required at 752-1717, x201</p>	
4	5	6
<p>9:00am-12:00pm Rummikub 10:00-11:00am \$5 /mos Chair Fitness 11:15am-12:15pm \$4 Int Soul Line Dancing 12:00-4:00pm Scrapbooking 12:30-1:15pm \$4 Stretch and Balance 1:30-3:30pm R \$20 Beginner Genealogy 7:00-8:00pm \$6 Line Dancing</p>	<p>9:00am-12:00pm Beginners Bridge 10:00-11:00am R Volunteer Training 10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga 1:00-3:00pm Knit & Crochet Group 1:00-2:00pm \$1 Senior Fitness 2:00-3:00pm R Heart Healthy Eating 2:00-5:00pm Card Games 2:15-3:15pm \$4 Beginner Soul Line Dancing 5:30-6:30pm R \$40 Ladies Self Defense</p>	<p>9:00-11:00am Chess 10:00-11:00am \$5/ mo Chair Fitness 11:15am-12:15pm \$4 Cardio Dance 12:30-5:00pm Quilting Group 1:00-4:00pm R American Mahjong</p>
11	12	13
<p>9:00am-12:00pm Rummikub 10:00-11:00am \$5 /mo Chair Fitness 11:15am-12:15pm \$4 Int Soul Line Dancing 12:00-4:00pm Scrapbooking 12:30-1:15pm \$4 Stretch and Balance 1:30-3:30pm R \$20 Beginner Genealogy 2:00-4:00pm R \$40 Fall Wreaths 7:00-8:00pm \$6 Line Dancing</p>	<p>9:00am-11:00pm Threads of Love 10:30am-12:00pm R Book Club 10:00am-12:00pm Blood Pressure Screening 10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga 1:00-3:00pm Knit & Crochet Group 1:00-2:00pm \$1 Senior Fitness 1:00-3:00pm R Advance Care Planning 2:00-5:00pm Card Games 2:15-3:15pm \$4 Beginner Soul Line Dancing 5:30-6:30pm R \$40 Ladies Self Defense</p>	<p>9:00-11:00am Chess 10:00-11:00am \$5/mo Chair Fitness 11:15am-12:15pm \$4 Cardio Dance 12:30-5:00pm Quilting Group 1:00-4:00pm R American Mahjong</p>
18	19	20
<p>9:00am-12:00pm Rummikub 10:00-11:00am \$5 /mo Chair Fitness 11:15am-12:15pm \$4 Int Soul Line Dancing 12:00-4:00pm Scrapbooking 12:30-1:15pm \$4 Stretch and Balance 1:30-3:30pm R \$20 Beginner Genealogy 7:00-8:00pm \$6 Line Dancing</p>	<p>9:00am-12:00pm Beginners Bridge 10:00-11:00am R Volunteer Training 10:00am-12:00pm R \$35 Fall Painting 10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga 1:00-3:00pm Knit & Crochet Group 1:00-2:00pm \$1 Senior Fitness 2:15-3:15pm \$4 Beginner Soul Line Dancing</p>	<p>9:00-11:00am Chess 10:00-11:00am \$5/mos Chair Fitness 11:15am-12:15pm \$4 Cardio Dance 12:30-5:00pm Quilting Group 1:00-4:00pm R American Mahjong 2:00-3:00pm R Fall Gardening</p>
25	26	27
<p>9:00am-12:00pm Rummikub 10:00-11:00am \$5 /mos Chair Fitness 11:15am-12:15pm \$4 Int Soul Line Dancing 12:00-4:00pm Scrapbooking 12:30-1:15pm \$4 Stretch and Balance 1:30-3:30pm R \$20 Beginner Genealogy 7:00-8:00pm \$6 Line Dancing</p>	<p>10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga 1:00-3:00pm Knit & Crochet Group 1:00-2:00pm \$1 Senior Fitness 2:15-3:15pm \$4 Beginner Soul Line Dancing 6:00-7:30pm Memory Café</p>	<p>9:00-11:00am Chess 10:00-11:00am \$5/mos Chair Fitness 11:15am-12:15pm \$4 Cardio Dance 12:30-5:00pm Quilting Group 1:00-4:00pm R American Mahjong</p>



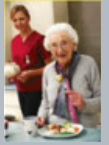
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Home Care Services Providing Independence in the Comfort of Your Home

AUGUST 2025

Thursday	Friday	Saturday
	1	2
	10:00-11:30am R \$40 Stained Glass Class 12:00-1:00pm R \$ Tai Chi	10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga
7	8	9
10:00am-12:00pm Acrylic Painting 9:30am-12:00pm R Living Healthy with Diabetes 11:00am- 3:00pm Rosie's Cards 12:00-1:00pm Older Relative Caregiver Support 12:00-4:30pm Canasta or Hand & Foot 1:00-2:00pm \$1 Senior Fitness 1:00-3:00pm R \$40 Beginner Wood Carving 4:00-5:00pm \$ Zumba Gold 5:30-7:00pm TOPS Weight Management	10:00-11:30am R Caregiver's Coffee 10:00-11:45-11:15 Bookmobile 1:30am R \$40 Stained Glass Class 12:00-1:00pm R \$ Tai Chi	10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga
14	15	16
9:30am-12:00pm R Living Healthy with Diabetes 10:00am-12:00pm Physical Therapy Screening 12:00-4:30pm Canasta or Hand & Foot 1:00-2:00pm \$1 Senior Fitness 1:00-3:00pm R \$40 Beginner Wood Carving 2:00-4:00pm R Social Security Anniversary Celebration 4:00-5:00pm \$ Zumba Gold 5:30-7:00pm TOPS Weight Management	10:00-11:30am R \$40 Stained Glass Class 12:00-1:00pm R \$ Tai Chi	10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga
21	22	23
11:00am- 3:00pm Rosie's Cards 12:00-4:30pm Canasta or Hand & Foot 1:00-2:00pm \$1 Senior Fitness 1:00-3:00pm R \$40 Beginner Wood Carving 4:00-5:00pm \$ Zumba Gold 5:30-7:00pm TOPS Weight Management	10:00-11:30am R \$40 Stained Glass Class 12:00-1:00pm R \$ Tai Chi	10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga
28	29	30
12:00-4:30pm Canasta or Hand & Foot 1:00-2:00pm \$1 Senior Fitness 1:00-3:00pm R \$40 Beginner Wood Carving 4:00-5:00pm \$ Zumba Gold 5:30-7:00pm TOPS Weight Management	10:00-11:30am R \$40 Stained Glass Class 10:45-11:15 Bookmobile 12:00-1:00pm R \$ Tai Chi	10:30-11:30am \$ Zumba Gold 11:30am-12:30pm \$ Yoga

2026 Trips Are Coming For You!



Springtime in Charleston: 3 day/2 night package includes 2 breakfasts, dinner at the Charleston Crab House, dinner at California Dreaming, a guided tour of historic Charleston, admission to the Magnolia Plantation and Gardens, a visit to the Historic City Market, and more!

March 23-25, 2026 \$559 Per Person/Double Occupancy



Nashville, TN: 5 day/4 night package includes 4 hotel breakfasts, a dinner show at the Nashville Nightlife Theater, a lunch cruise on the General Jackson Showboat, an evening at the Grand Ole Opry, a guided tour of Nashville and visit to the Opryland Resort and more!

April 26-30, 2026 \$999 Per Person/Double Occupancy



Italy & the Greek Isles: 10 day/9 night package includes roundtrip airfare, 8 day 7 night cruise on Royal Caribbean's Explorer of the Seas, included tours of Venice/Ravenna, Italy, Santorini and Athens, Greece, with stops in Mykonos and Croatia.

May 14-23, 2026 Starts at \$4399 Per Person/Double Occupancy



Mackinac Island, Michigan : 7 day/6 night package includes 6 hotel breakfasts, 3 dinners, including 1 dinner at the Bavarian Inn, 1 buffet lunch at the Grand Hotel, a carriage tour of Mackinac Island, a Soo Locks Boat Tour, Jack Pine Lumberjack Show, a tour of Frankenmuth, and a visit to Bronner's Christmas Wonderland!

May 31- June 5, 2026 \$1499 Per Person/Double Occupancy



West Virginia Train Adventure #2: 3 day/2 night package includes 2 breakfasts, 1 lunch onboard the train, 2 fabulous dinner shows, a scenic railway journey aboard the New Tygart Flyer, and stunning views of the Blackwater State Park Overlook.

August 26-28, 2026 \$769 Per Person/Double Occupancy



Washington, DC: 3 day/2 night package includes 2 breakfasts, 1 wonderful dinner, 1 lunch aboard the Odyssey cruise on the Potomac River, a guided tour of Washington, a visit to the Smithsonian Institute, and a tour of Arlington Cemetery.

September 15-17, 2026 \$739 Per Person/Double Occupancy

2026 Trips Continued



Iceland: 8 day/6 night package includes roundtrip airfare, a traditional Viking Dinner, a 'hunt' for the Northern Lights, an afternoon at the iconic Blue Lagoon, a tour of the awe-inspiring grand Golden Circle, a lunch at Frioheimar Farms, a tour of Reykjavik, a visit Snafellsnes Peninsula, and a special overnight in Glacier Lagoon!
October 5-October 12, 2026 \$3999 Per Person/Double Occupancy



Pigeon Forge & Dollywood Holly Dolly Christmas: 2 night package includes breakfasts at the hotel, 2 dinners, including one at Applewood Farmhouse, Smith Morning Variety Show, Country Tonite-Christmas Show, Dollywood Smoky Mountain Christmas & Dinner Voucher, and more!
November 10-12, 2026 \$699 Per Person/Double Occupancy

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A promotional poster for a 'LINE DANCE & MUSIC BINGO' event. The background is a vibrant blue with several black musical notes scattered around. The title 'LINE DANCE & MUSIC BINGO' is written in large, bold, black serif font in the center. To the left, there's a vertical strip containing a photo of people line dancing, a cartoon of two dancing figures, and the text: 'FRIDAY, SEPTEMBER 5 6:30-9:30PM LIGHT REFRESHMENTS'. To the right, another vertical strip features a photo of people playing bingo, a graphic of a bingo card, and the text: 'CALL 752-1717, X201 TO REGISTER COST: \$10'. The bingo card shows numbers 1-75 in a 5x5 grid with some numbers highlighted in different colors.

LINE DANCE & MUSIC BINGO

FRIDAY, SEPTEMBER 5
6:30-9:30PM
LIGHT REFRESHMENTS

CALL 752-1717, X201
TO REGISTER
COST: \$10

NC Authors Book Club

Tuesday, August 12
10:30am-12:00pm

Call 752-1717, x201
for more information



Did You Know We have 6 Senior Wellness Centers?

Ayden Senior Wellness Center

4354 Lee St. Ayden
8:30am-12:30pm

Bethel Senior Wellness Center

7406 Main St. Bethel
9am-1pm

Farmville Senior Wellness Center

3886 S. Main St. Farmville
9am-1pm

Fountain Senior Wellness Center

6743 E. Wilson St. Fountain
9am-1pm

Greenville Senior Wellness Center

4551 County Home Rd. Greenville
8:30am-12:30pm

West Greenville Senior Wellness Center

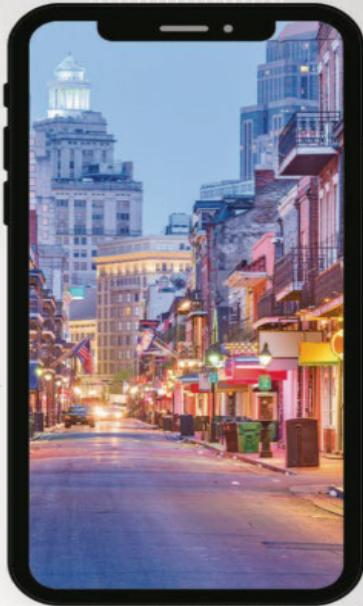
1118 W. Fifth St. Greenville
9am-1pm

What Awaits You:
6 day/5 night package
includes dinner at the New
Orleans School of
Cooking, a steamboat
cruise on the Mississippi
River, a guided tour of
New Orleans, a visit to the
French quarter, a visit to
the Mardi Gras Museum of
Costumes & Culture, &
Harrah's Casino!

**New
Orleans**

November 2-7, 2025

\$1309 per person/double occupancy



Sewing: Stuffed Pumpkins

Friday, September 19

10:00am-2:00pm

Cost: \$10

**Call 752-1717, x 201
to register.**



Need Help Beating the Heat?

**Maybe the PROJECT FAN
Heat Relief Program Can Help!**

- *Must be 60 or over
- *Have no air conditioning
or
unable to afford utilities.
- *Have not received a fan
in past 2 years.
- *Picture ID required

Call 752-1717 to inquire.



Family Stories

Do you enjoy writing and would like to
share the joy with your peers?

Join the Family Stories
Writing Group!



Mondays

Starting September 8

Cost: \$10

Call 752-1717, x201 to register.



Four Seasons Chamber Music Festival

Thursday, September 4
10:00-11:00am



Call 752-1717, x201
to register.

Intro to Your Computer



Monday, September 15
2:00-3:00pm

Call 752-1717, x201 to register.

You must bring your laptop/tablet with you.

Tech Talk with



Are you Worried About Falling?

- Are you afraid to stand up and take a shower?
- Do you need grab bars for your bathroom?
- Are you struggling to afford durable medical equipment?
- Do you need handrails at your front or back steps?



Call the Council on Aging at:
252-752-1717 Ext. 213

"Please call BEFORE you fall"



2025 Day Trippin'



The Wiz: This Tony Award winning Best Musical is returning to DPAC. We will stop for dinner at a nearby restaurant (not included) and proceed to the Durham Performing Arts Center for the show. Wednesday, August 6 \$115 per person Deposit: \$60 Balance \$55 Due: July 1.



Beauty & the Beast: Disney's 30th Anniversary Production of the breathtaking musical filled with the romance and grandeur audiences know and love. Dinner prior to show (not included) Wednesday, September 10. \$128 per person (Deposit: \$64 Balance \$64 Due: August 1, 2025)



Wright Brothers, Elizabethan Gardens & Outer Banks Seafood Festival: We'll travel to Kill Devil Hills, the birthplace of powered flight, the Elizabethan Gardens in Manteo, and then conclude at the Outer Banks Seafood Festival in Nags Head. Saturday, October 18 \$120 per person Deposit: \$60 Balance: \$60 Due: September 2, 2025



NC Chinese Lantern Festival: View the region's most stunning holiday tradition! More than 40 all new larger than life displays composed of hundred of parts, and thousands of lights! Food vendors onsite (not included in cost) November 18, 2025 \$95 per person. (Deposit \$50 Balance: \$45) Due: October 1, 2025



Myrtle Beach & Motown Christmas: We'll explore the various sites at Broadway at the Beach, including the Festival of the Trees, dine at a local seafood restaurant (not included), and enjoy an evening of soulful entertainment watching the Original Motown Christmas Tribute Show. Wednesday, December 10. \$152 per person Deposit: \$76 Balance: \$76 Due: November 3, 2025

For information on how to be part of the fun call 752-1717, x201

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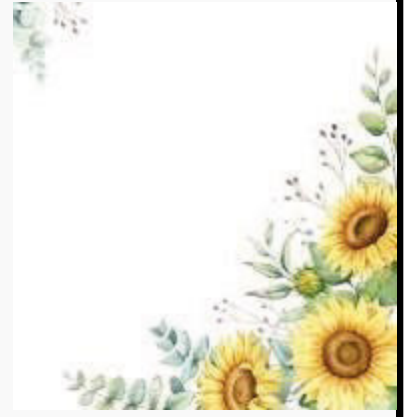
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